Dear Parents,

It is with pleasure that I write to invite you to some parent workshops that I have been able to organise through Extended Schools. Based on the information shared via the Extended Schools parent consultation questionnaire on our website, three workshops will be offered. Please see details below and indicate your availability to attend on the return slip. All of these workshops will be funded through Extended schools and will be offered free of charge to you.

Beverley McCormick, Extended Schools Coordinator

## Mental Health Awareness for our Children Tuesday 6<sup>th</sup> March 7-8pm

A hot topic in the media today. Do we know how to support our children's mental health and ensure they develop adequate skills to cope with the diversity of situations that they experience in life?

Professionals will be on hand, sharing strategies to help parents support their children's mental health and wellbeing. Advice and support will also be offered to parents to ensure that they look after their own mental health.

Friends and family of those with children in Newbuildings Primary School.

All are welcome to attend.

## Developing Literacy Skills with your Child Tuesday 13<sup>th</sup> March 7-8pm

Equipping parents with skills to support essential language development at home through talking, listening and reading with your child. Resources and a gift will be available to those who have booked a place on this session.

Aimed at parents with pupils attending Ballyore Nursery, Primary 1, 2 3 and 4. However, all parents are welcome to attend.

## STEM Robotics Event Tuesday 20th March 6:45-9pm

Promoting the essence of STEM (science, technology, engineering and maths) beyond the classroom and preparing our students for the future. Come along and experience what its like to programme a robot! This event will be facilitated by SENTINUS, 'the home of STEM enrichment and enhancement activities for schools in Northern Ireland.' For more information on SENTINUS, please see their website www.sentinus.co.uk.

Children from Primary 5 to Primary 7 and their parents! Please note all children in attendance must be supervised.

Name:			
I wish to attend the following event(s): Please indicate number of adults/children attending			
] ] ]	] Mental Health Awareness for our Children ] Developing Literacy Skills with your Child ] STEM Robotics Event	Number of adults: Number of adults: Number of adults:	children:

Please return to class teacher by Friday 2<sup>nd</sup> March