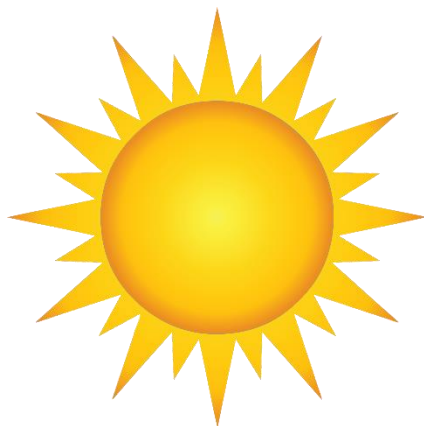




This contents of this Policy are underpinned by Article 3 of UNICEF:

"The best interests of the child must be a top priority in all decisions and actions that affect children. "



SUN SAFETY POLICY

Compiled by Mrs Joan Robb
January 2021

Sun Safety Policy

At Newbuildings Primary School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely without the risk of its harmful effects. We will work with staff, pupils and parents to achieve this through:

EDUCATION

- Staff will be educated about how to be "sun smart."
- All pupils will have at least one "sun smart" lesson per year.
- Children will be taught appropriately about the need for sun protection and the importance of being "sun smart" through discussion and topic work.
- Communication will be made to Parents and carers (Appendix A) outlining our school's policy and procedures regarding sun protection and how they can help.

PROTECTION FROM THE SUN OUTDOORS: SHADE

- When the sun is strong we will encourage pupils to sit/play in the shade where it is available.
- Where possible, outdoor activities will take place in shaded areas.

CLOTHING

- When outside in sunny weather, pupils are encouraged to wear hats that cover the ears, face and neck.
- Pupils will be encouraged to wear tops that cover their shoulders.
- Pupils are allowed to wear UV protective sunglasses.
- Staff will be encouraged to wear suitable hats and clothing when on playground duty and when teaching outdoors on sunny days.

SUNSCREEN

- Sunscreen use will be encouraged on days when the sun is strong during summer at play breaks, during PE lessons and on school trips.
- Pupils will be asked to bring in their own labelled bottle of sunscreen.
- Messages will be sent home asking parents/carers to apply sunscreen to pupils before they come to school when the sun is strong.

- Sunscreen should be applied that is factor 15+, to all exposed parts of the body 15-30 minutes before going out in the sun not forgetting ears, shoulders, necks, noses and tops of feet etc.
- All children should wear sunscreen. Parents whose children are allergic to sunscreen should either try to find an alternative or ensure that their child is adequately covered with long sleeved, long legged clothing.

PROTECTION FROM THE SUN INDOORS

- Windows and other ventilation openings will be opened during the cool of early morning to allow stored heat to escape from the building.
- The use of electric lighting will be kept to a minimum during heatwaves.
- All electrical equipment, including computers and monitors will be switched off when not in use and will not be left in standby mode.

MAINTAINING CHILDREN'S HEALTH DURING HOT WEATHER CONDITIONS

- Pupils will be encouraged to eat normally.
- Pupils will be encouraged to bring their own labelled water bottle to school and drink plenty of water on hot days.
- Classroom layouts will be adjusted if necessary to avoid direct sunlight on pupils.

MONITORING

- ❖ Brief **all staff** on the Sun Care Policy.
- ❖ Include information regarding the Sun Care Policy on the school website.
- ❖ Include sun protection as a set agenda item at relevant staff and parent meetings.
- ❖ Make use of newsletters and assemblies to promote Sun Care.
- ❖ Notify all new pupils of the Sun Care Policy.
- ❖ Continual assessment of shade provision.

Appendix A



Dear Parent/Carer,

We have recently updated sun protection policy to ensure that we can all enjoy the sun safely. The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but it can lead to skin cancer in later life. Your child's health and well-being are very important to us, which is why we have decided to:

- Increase the amount of school time spent learning about sun protection.
- Encourage pupils to wear hats and t-shirts when outside.
- Encourage pupils to use at least SPF 15 sunscreen in summer months.
- Encourage pupils to stay in the shade where possible.

More details of these and other new sun protection plans can be found in our Care in the Sun policy which is available on our website or from the school office. Your support is very important to us.

You can help by:

- Talking to your child about the importance of sun protection at home.
- Sending your child to school with a brimmed hat.
- Ensuring they have refillable water bottles.
- Providing your child with their own bottle of sunscreen that is clearly labelled with their name.

Yours Sincerely

Mrs Joan Robb (Pastoral Care Co-ordinator)