

# Newbuildings P.S- Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> 29 <sup>th</sup> Aug 26 <sup>th</sup> Sept 24 <sup>th</sup> Oct 21 <sup>st</sup> Nov 19 <sup>th</sup> Dec 16 <sup>th</sup> Jan	Breast of Chicken Curry with Boiled Rice & Naan Bread <i>or</i> Chicken & Cheese Panini Creamed Potatoes Gravy Tossed Salad & Coleslaw Garden Peas  Chocolate & Pear Sponge with Custard	Spaghetti Bolognese <i>or</i> Margherita Pizza  Crusty bread Wedges / Potatoes Sweetcorn Potato Salad  Raspberry Ripple Ice Cream & Watermelon	Roast Loin of Pork <i>or</i> Salmon Fishcake Stuffing/Gravy Carrot/Parsnip/Broccoli Oven Dry Roast/Mashed Potato  Cookies/Custard Fruit	Chicken Goujons <i>or</i> Chicken Stirfry Potatoes/Noodles Gravy  Sweetcorn & Red Peppers Baked Beans Frozen Smoothie & Fresh Fruit	Fish Fingers Cheese / Burger in a Bap Tossed Salad Mixed Vegetables Chipped Potato/Baked Potato  Fresh Fruit Selection & Yoghurts
<b>WEEK 2</b> 5 <sup>th</sup> Sept 3 <sup>rd</sup> Oct 31 <sup>st</sup> Oct 28 <sup>th</sup> Nov 26 <sup>th</sup> Dec 23 <sup>rd</sup> Jan	Chicken Tikka with Boiled Rice & Naan Bread, Garden Peas <i>or</i> Margherita Pizza Wedges / Potatoes  Garden Peas Baked Potato Tossed Salad  Apple Sponge & Custard	Breaded Fish Fillets <i>or</i> Lasagne & Crusty bread  Sweetcorn & Peas/Coleslaw Mashed Potato  Pineapple Chunks Frozen Yoghurt	Roast Breast of Chicken Fish Bites  Stuffing/Gravy Savoy Cabbage/Diced Carrot Oven Dry Roast/Mashed Potatoes  Chocolate Brownie Custard	Oven Baked Sausages <i>or</i> Homemade Chilli Chicken  Savoury Noodles Baked Beans/Tossed Salad Mashed Potatoes  Arctic Roll with Sliced Peaches	Steak Burger & Bap <i>or</i> Chicken & Cheese Panini  Chipped/Baked Potato Tossed Salad Coleslaw  Flakemeal Biscuit & Fruit & Custard
<b>WEEK 3</b> 12 <sup>th</sup> Sept 10 <sup>th</sup> Oct 7 <sup>th</sup> Nov 5 <sup>th</sup> Dec 2 <sup>nd</sup> Jan 30 <sup>th</sup> Jan	Breast of Chicken Curry & Rice, Naan Bread, Peas  Oven Baked Beef Burger Baby Boiled / Creamed Potatoes Salad Selection  Frozen Yoghurt & Fresh Fruit Selection	Fish Fingers <i>or</i> Irish Stew & Wheaten Bread  Carrots / Sweetcorn Mashed Potato Tossed Salad  Fruit Sponge & Custard	Roast Gammon <i>or</i> Salmon Fish Cake  Traditional Stuffing, Gravy Baton Carrots/Broccoli Oven Dry Roast & Mashed Potatoes  Date Square & Custard	Breaded Chicken Goujons <i>or</i> Arrabiata Chicken in a warm Tortilla Wrap  Pasta Salad Sweetcorn Homemade Chilli Wedges  Vanilla Ice -Cream,Pears and Chocolate Sauce	Hot Dog <i>or</i> Pasta Bake Baked Beans Tossed Salad Chips Baked Potato  Shortbread Biscuits & Fresh Fruit
<b>WEEK 4</b> 19 <sup>th</sup> Sept 17 <sup>th</sup> Oct 14 <sup>th</sup> Nov 12 <sup>th</sup> Dec 9 <sup>th</sup> Jan 6 <sup>th</sup> Feb	Spaghetti Bolognese Crusty Bread Cheese & Tomato Pizza Wedges/ Creamed Potatoes Gravy ½ Baked Potato with filling Sweetcorn  Honey Dew Melon Wedges and Cookie	Breast of Chicken Curry with Boiled Rice & Naan Bread, Garden Peas <i>or</i> Fish fingers & Gravy  Garden Peas Mashed Potato  Fruit Sponge & Custard	Roast Turkey Fish Cake Stuffing /Gravy Cabbage/Diced Carrots Oven Dry Roast/Mashed Potatoes  Chocolate Brownie & Fresh Fruit	Oven baked sausages Cottage pie Broccoli Mashed Potatoes Veg & Gravy  Fruit Muffin & Milkshake	HM Breaded Chicken Bites <i>or</i> Chicken and Cheese Panini  Baked Beans Chipped/Baked Potato Tossed Salad/Coleslaw  Jelly, Ice Cream & Fresh Fruit

*If you require any additional information on Allergens or Special Diets, please contact the School to complete a Special Diets Application Form*

Daily:

Mashed  
Potatoes / Gravy

Pasta